



# Golden Triangle Cooperative

## Career and Technical Education Curriculum

### Family and Consumer Sciences

#### Family Life

**Note:** The outlines content may be taught as a semester course or may be integrated as a unit in comprehensive courses.

CVT=Montana Career and Vocational Technical Education

<http://opi.mt.gov/PDF/Standards/ContStds-CareerTech.pdf>

WCS=Montana Workplace Competency

<http://opi.mt.gov/PDF/Standards/ContStds-Workplace.pdf>

TS=Montana Technology Standards

<http://opi.mt.gov/PDF/Standards/10ConStds-Tech.pdf>

**GTCC= Golden Triangle Coop Curriculum**

**Performance-Based Standards:** Using reading, writing, listening, speaking and technology skills, the student will:

**GTCC.FL.1** Examine one's own self-concept, values, goals, and decision styles which will influence one's interactions with others. (WCS1B8#4) (WCS1B12#1) (WCS3B12#1) (WCS6B8#3) (WCS6B12#3) (CVTS1BI#1) (CVTS1BII#1) (CVTS3BI#2-4) (CVTS3BII#4) (CVTS3BIII#2,4,5) (CVTS5BI#3) (CVTS5BII#3) (CVTS5BIII#3)

**GTCC.FL.2** Analyze communication styles and its effect on relationships with others. (WCS2B8#1,5) (WCS2B12#3-5) (WCS3B8#3,4) (WCS3B12#4) (CVTS3BI#6) (CVTS3BII#1,6) (CVTS3BIII#5,6) (TS3B8#1,2) (TS3B12#1,2) (TS5B8#1-3) (TS5B12#1-3)

**GTCC.FL.3** Examine developmental characteristics of adolescents in relation to self and others. (WCS2B8#1,5) (WCS2B12#1) (WCS6B8#2,4,6) (CVTS1BI#3) (CVTS1BII#3) (CVTS3BIII#4) (CVTS3BI#5) (CVTS3BII#5) (CVTS3BIII#5) (CVTS5BI#3)

**GTCC.FL.4** Evaluate friendship and relationships. (WCS2B8#1) (WCS2B12#1) (WCS4B8#1) (WCS4B12#2) (WCS6B8#4) (CVTS1BI#3) (CVTS1BII#3) (CVTS1BIII#3) (CVTS3BIII#4,5)

**GTCC.FL.5** Analyze factors related to readiness for establishing long term relationships/marriage. (WCS2B12#4) (WCS6B8#1,4,6) (CVTS1BI#3) (CVTS1BII#3) (CVTS1BIII#3) (CVTS2BIII#3) (CVTS3BI#4) (CVTS3BII#4) (CVTS3BIII#4)

**GTCC.FL.6** Examines considerations and readiness for parenting. (WCS4B8#1) (WCS6B8#1) (WCS6B12#1) (WCS6B8#4) (WCS6B12#4) (CVTS1BI#3) (CVTS1BII#3) (CVTS1BIII#3) (CVTS2BI#3) (CVTS2BII#4) (CVTS2BIII#3)

**GTCC.FL.7** Examine the function and purpose of the individual and the family as a unit in society. (WCS1B8#4) (WCS2B8#3) (WCS4B8#1) (CVTS1BI#3) (CVTS1BII#3) (CVTS1BIII#3) (CVTS2BIII#3) (CVTS3BI#1,3,5) (CVTS3BII#1,3,5) (CVTS3BIII#1,3,5) (TS4B12#3)

**GTCC.FL.8** Investigate career opportunities, aptitudes, and skills needed for family life careers. (WCS1B12#4) (WCS6B8#6) (WCS6B12#1,4,6) (WCS4B12#2) (CVTS1BI#2) (CVTS1BII#1,2) (CVTS1BIII#1,2) (CVTS4BI#1) (CVTS4BII#1) (CVTS4BIII#1) (CVTS5BI#2,4) (CVTS5BII#1,4) (CVTS5BIII#1,2,4)

CONCEPTS	OBJECTIVES
<b>FCSfl.01 Individuals</b>	<b>FCSfl.01 Individuals</b>
.01 Self Concept	.01 Assess factors affecting personal self-concept.
.02 Values, Goals, Standards	.02 Define values, goals, and standards and identify sources which influence them.
.03 Role Expectations	.03 Analyze individuals role in family, community, and culture.
.04 Decision Making Skills	.04 Develop and practice decision making skills.
.05 Dealing with Stress	.05 Develop positive strategies for identifying and coping with stress.
.06 Support Systems	.06 Examine personal and family support systems.
<b>FCSfl.02 Personal Interaction</b>	<b>FCSfl.02 Personal Interactions</b>
.01 Communications	.01 Examine the various areas and methods of communication.
.02 Building Relationships	.02 Research and evaluate healthy vs. unhealthy friendships and relationships.
.03 Contemporary Issues	.03 Examine and analyze issues of teenagers.
.04 Sexuality	.04 Consider gender roles and expectations in regard to equity and harassment.
.05 Cyber Risks and Responsibilities	.05 Discuss implications of inappropriate use

	<p>of technology; ie. social media and devices.</p> <p>a. Research ethics, consequences, and legal ramifications of inappropriate use of technology.</p> <p>b. Understand the long term effects on victims and offenders of cyber abuse; ie bullying, harassment, &amp; sexting.</p>
<b>FCSfl.03 Adolescence</b>	<b>FCSfl.03 Adolescence</b>
.01 Developmental Changes	.01 Discuss and examine typical changes during adolescence.
.02 Cultural Expectations	.02 Define cultural expectations of male and female adolescents.
.03 Making and Keeping friends	.03 Analyze and practice ways to develop healthy friendships.
.04 Adolescent Concerns	.04 Explore and discuss common concerns of adolescents which affect their daily lives.
<b>FCSfl.04 Relationships/Dating</b>	<b>FCSfl.04 Relationships/Dating</b>
.01 Historical Perspective	.01 Explore and discuss historical changes in dating patterns.
.02 Expectations	.02 Determine the expectations of relationships/dating.
.03 Stages	.03 Explore the changing stages of relationships/dating.
.04 Concerns	.04 Identify concerns associated with casual dating and long-term relationships. <p>a. Identify signs of abusive relationships</p> <p>b. Be aware of resources and techniques to deal with abusive relationships.</p>
.05 Responsibilities	.05 Describe responsibilities related to casual dating and on-going relationships. <p>a. Identify the risks and research ways to prevent contracting sexually transmitted diseases.</p>
.06 Emotions	.06 Differentiate among the emotions involved with casual and serious relationships.

<b>FCSfl.05 Adult Lifestyles</b>	<b>FCSfl.05 Adult Lifestyles</b>
.01 Changing Lifestyles	.01 Examine lifestyles changes between adolescence and adulthood.
.02 Readiness for Long Term Relationships	.02 Analyze the multiple aspects of long-term relationships.
<b>FCSfl.06 Parenting</b>	<b>FCSfl.06 Parenting</b>
.01 Decision Making for Parenting	.01 Evaluate and consider the rewards and responsibilities of becoming a parent.
.02 Conception, Pregnancy, Labor and Delivery	.02 Determine factors involved in conception, pregnancy, prenatal care, labor and delivery.
.03 Adjustments to Parenting	.03 Explore necessary changes needed to be a successful parent.
.04 Caring for Children	.04 Analyze parenting skills needed to foster human development.
.05 Child Care Decisions	.05 Examine factors related to child care options and decisions.
<b>FCSfl.07 Family</b>	<b>FCSfl.07 Family</b>
.01 Family Concepts	.01 Examine the functions and purpose of the family as a unit in society.
.02 Family Forms and Structures	.02 Identify forms and structures of families reflected in today's society.
.03 Family Relationships	.03 Determine factors affecting relationships in a family.
.04 Family Issues	.04 Investigate strategies for dealing with individual and family issues including violence and abuse.
.05 Elder Care	.05 Identify and investigate the issues of caring for the elderly.
<b>FCSfl.08 Family Life Careers</b>	<b>FCSfl.08 Family Life Careers</b>
.01 Career Opportunities in Family Life	.01 Compare skills, conditions and salaries for various careers within family life.
.02 Job Opportunities	.02 Investigate job opportunities. a. Provide job shadowing, observations, and work experience whenever

	possible.
.03 Job Aptitudes and Skills	.03 Explore job aptitudes and skills.